

eat deli takeaway menu

savouries

Homemade soup	veggie	2.20
	meat/fish	2.30
soup & sandwich		4.20
soup & Panini		4.50

sandwiches

Ham, swiss, chilli jam	2.90
Italian mozzarella & cherry tomato	
compote	2.90
Lemon chicken & oregano	2.90
Goats cheese & red onion	
relish	2.90
Mediterranean tuna	2.90
Baked ham, egg & mustard	
mayo	2.90
Spanish chicken	2.90
Special sandwich of the week	2.90
Available to take away on brown/ white rolls or focaccia rolls	
steak sandwich	4.90

breakfast /light lunch

roll & free range bacon	2.50
roll & free range scrambled egg	2.50
Italian sausage rolls	2.50
Veggie sausage rolls	2.50

bruschetta

Plum tomato, basil & olive oil	2.80
--------------------------------	------

Pizza

Our own homemade	3.50
------------------	------

burritos & wraps

Bean burrito	3.50
Chicken burrito	3.50
Chilli chicken wrap	3.50
Mozzarella, tomato & basil wrap	3.50
Lemon chicken wrap	3.50
Falafel tatziki & hummus wrap	3.50

main meals to go

Beef & red pepper lasagne	5.45
Roasted vegetable lasagne	4.95
Chicken escalopes	4.10
Eat deli fishcakes	2.79
Homemade tortilla/frittata	2.50/2.95
Savoury quiche/tarts	2.50/2.95
Daily lunchtime & ready meal specials	
available	

Cakes patisserie

Butter croissant	1.20
Almond croissant	1.70
Portugese custard tarts	1.50
Scone fruit or apple & cinnamon	.90
Carrot cake	2.50
Chocolate mousse cake (wheat free)	
	2.50
Muffins carrot/courgette & lime	1.60
Cupcakes vanilla/chocolate/ orange & almond	1.70
Chocolate brownies	1.70
Caramel shortcake	1.70
Bakewell tart	1.70
Sweet tarts – Strawberry/pecan/banoffee	
Chocolate	2.70
Lemon/lemon meringue/ pear & almond/apple & almond	2.50
Chocolate éclairs	1.70
Mudslide cookies	1.30
Banana & pecan loaf	1.70
Ginger loaf	1.70
Nanaimo bars	1.70

eat deli takeaway menu

Coffees and hot drinks

Cappuccino	small	2.00
	large	2.50
Latte	small	2.00
	large	2.50
Black/white	small	2.00
	large	2.50
Espresso/macchiato	single	1.60
	double	2.10
hot chocolate	small	2.20
	large	2.60
mocha	small	2.20
	large	2.60
extra shot coffee		0.50
suki teas superior fair-trade teas		
breakfast tea		1.50
earl grey blue flower		1.60
green tea		1.60
chamomile flowers tea		1.60
red berry tea		1.60
peppermint leaf tea		1.60

Cold drinks

San Pellegrino mineral water		
still/sparkling 50 cl		1.05
Purely Scottish mineral water		
still/sparkling 50 cl		0.75
Innocent smoothies		2.19/2.29
Kids innocents		1.29
Lorina pink lemonade		1.89
Lorina cloudy lemonade		1.89
Firefly drinks		2.15
Chegworth valley juices		1.69
Fentimans ginger beer/cola		1.59
Coke/diet coke		0.79
Orange soda/lemon soda		1.19
San Pellegrino aranciata/ limonata		1.05
Organic apple/orange juice cartons		0.89
Whole earth sparkling elderflower/lemonade		1.19
Luscombe Organic lime crush/st.clements		1.89