

## Best Cheap Eats

**WINNER THE THALI CAFE, BRISTOL**

A Bristol institution, the Thali Cafe is 11 years old, and started out on the festival circuit. Its menus are seasonal and sustainable, while at lunchtime it's hard to beat their Tiffin club – £7.95 for two, complete with classic stainless steel Tiffin tins – for value as well as quality.

Branches in Clifton, Easton, Montpelier and Totterdown, [thethalicafe.co.uk](http://thethalicafe.co.uk)

Win a meal for two plus bottle of wine – see page 3

### RUNNERS UP

#### LONDON

##### Handmade Food Blackheath

Part shop, part cafe, this lovely traiteur sells homemade salads and other goodies made by chefs you can see working in the semi-open kitchen.  
40 Tranquil Vale, SE3 0BD, 0208 297 9966, [handmadefood.com](http://handmadefood.com)

#### SOUTH

**The Mill at Rode**  
Frome, Somerset  
Tricky to keep under the £15 a head limit,

but pan-fried Cornish sardines then local ice cream should do it.  
Rode Hill, BA11 6AG, 01373 831100, [themillatrade.co.uk](http://themillatrade.co.uk)

#### NORTH

##### Stewart and Co. Newcastle

Great value, including meats from their own butchery in Jesmond, served in a light, modern space in the City Library.  
Charles Avison Building, 33 New Bridge Street West, NE1 8AX, 0191 277 1246, [stewartandcofinefood.co.uk](http://stewartandcofinefood.co.uk)



Bristol's The Thali cafe with, seated, from left, owners Sid Sharma, Sam Hackett and Jim Pizer.

4 Duke Street Arcade, CF10 1AZ, 029 2066 6914

#### SCOTLAND

##### Eat Dell Glasgow

A dell, cafe and patisserie shop, there's something to satisfy everyone – from bruschetta with artichoke, Stornaway black pudding on muffins or a baked potato.  
16 Busby Road, Clarkston, G76 7BG, 0141 638 7123, [eat-dell.co.uk](http://eat-dell.co.uk)

#### NORTHERN IRELAND

##### Barista Coffee House Belfast

You'll struggle to spend more than a tenner on food in this independent cafe, where full-on breakfasts come in at under a fiver.  
257 Upper Newtownards Road, BT4 3JF, 028 9065 5332, [baristacoffeehouse.co.uk](http://baristacoffeehouse.co.uk)

#### MIDLANDS

**Homemade Nottingham**  
Child-friendly cafe that sources much of its produce from within three miles. The "mega fish finger sandwich" is quite the treat.  
20 Pelham Street, NG1

2EG, 0115 924 3030, [homemadecafe.com](http://homemadecafe.com)

#### WALES

##### Garlands Coffee House Cardiff

Simple food served in a fun setting – there are a few Welsh dishes, plus excellent breakfasts.

## Best Ethical

**WINNER THE FIELD KITCHEN, RIVERFORD FARM**

Last year's winner also toured the UK this summer. At £17.50 for lunch and £22.50 for dinner, it's proof that ethical need not mean pricey.

The Field Kitchen, Riverford Farm, Buckfastleigh, Devon TQ11 0JU, 01803 762 074, [riverford.co.uk](http://riverford.co.uk)

Win lunch for four – see page 3

### RUNNERS UP

#### LONDON

##### Acorn House

With a relatively new head chef, Acorn House is going from strength to strength. It sets the benchmark for sustainable restaurants, does catering for the Terence Higgins Trust

and trains local people in the kitchens.  
69 Swinton St, WC1X 9NT, 020 7812 1842, [acornhouserestaurant.com](http://acornhouserestaurant.com)

**Franklins East Dulwich**  
Charming restaurant which uses very local produce – all vegetables are from Kent, mutton

from Berkshire, and fish is hand-caught from British waters. They also have a lovely farmshop next door.  
157 Lordship Lane, SE22 8HX, 020 8299 9598, [franklinsrestaurant.com](http://franklinsrestaurant.com)

#### SOUTH

##### Bordeaux Quay Bristol

A fabulously swish restaurant which just happens to be highly sustainable as well. Try for a table overlooking the docks.  
V-Shed, Canons Way, BS1 5UH, 0117 943 1200, [bordeaux-quay.co.uk](http://bordeaux-quay.co.uk)

#### NORTH

##### Vinehouse Cafe Helmsley Walled Garden.

Wonderful vegetarian cafe in the beautiful

restored 18th-century gardens of Helmsley, using many of the fruits of those gardens as ingredients. Anything else that is needed is Fairtrade or organic.  
Cleveland Way, Helmsley, N Yorks, YO62 5AH, 01439 771 427, [helmsleywalledgarden.org.uk](http://helmsleywalledgarden.org.uk)

##### Egg Cafe Liverpool

Light and airy vegetarian cafe, popular with an arty crowd, which also hosts open-mic poetry nights and has an attached gallery space for new talent to exhibit in. BYO.  
Top Floor, 16–18 Newington Buildings, Newington, L1 4ED, 0151 707 2755, [eggcafe.co.uk](http://eggcafe.co.uk)

#### MIDLANDS

##### Alley Cafe Nottingham

Another arty meat-free cafe, this place is well-known for its epic vegetarian breakfasts.  
Cannon Court, Longrow West, NG1 6JE, [alleycafe.co.uk](http://alleycafe.co.uk)

#### WALES

##### The Tree House Aberystwyth

Flexible, mostly organic restaurant which aims to cater to most diets. They also have a food deli and a grocery.  
14 Baker Street, SY23 2BJ, 01970 615791, [treehousewales.co.uk](http://treehousewales.co.uk)

#### SCOTLAND

##### Bakehouse Cafe and Bakery Findhorn

Set in a beautiful village

close to Findhorn Bay, this cafe serves bread and baked treats cooked next door in their organic bakery. Most produce comes from Moray.  
91–92 Findhorn, Forres, IV36 3YG, 01309 691826, [bakehousecafe.co.uk](http://bakehousecafe.co.uk)

#### N. IRELAND

##### Camphill Cafe Holywood

Part of the Camphill Community, a group which aims to help those with special needs, this organic cafe, bakery and food shop is a very friendly place for anything from a cup of tea to a hearty lunch.  
8 Shore Road, Holywood BT18 9HX, 028 9042 3203, [camphillhollywood.co.uk](http://camphillhollywood.co.uk)

## Best Sunday lunch

**WINNER HAWKSMOOR**

There's no better place for classic roast beef with all the trimmings than this London steakhouse; the joint initially cooked over charcoal, for added flavour. They don't skimp on the creamy-tasting slabs of meat and the Yorkshire puddings are the size of dustbin lids. Soon to open in Covent Garden.

157 Commercial Street, London E1 6BJ, 020 7247 7392, [thehawksmoor.co.uk](http://thehawksmoor.co.uk)

Win Sunday lunch for two – see page 3

### RUNNERS UP

#### LONDON

##### The Garrison

Gastropub with quirky touches – lampshades made from teacups. Modern British seasonal classics. Booking is essential, but Sunday lunch is served until 4pm.  
99–101 Bermondsey St, SE1 3XB, 020 7089 9355, [thegarrison.co.uk](http://thegarrison.co.uk)

##### The Table Cafe

A fantastic place for a weekend brunch – pancakes, smoothies, or the epic "breakfast stack", homemade baked beans, chorizo and poached eggs, all perched on a bagel.  
83 Southwark Street, SE1 0HX, 020 7401 2760, [thetablecafe.com](http://thetablecafe.com)

#### SOUTH

##### The Meadow Hove

Linger over Middlewhite pork or Ryeland lamb cooked by Will Murgatroyd, who trained under Marcus Wareing.  
64 Western Road, BN3 2JQ, 01273 721182, [thetablecafe.com](http://thetablecafe.com)

##### The Swan at West Malling Kent

This smart bistro in a converted pub is the place to go for roast Longhorn beef, local chicken pie or perhaps a loin of English veal.  
35 Swan Street, ME19 6JU, 01732 521910, [theswanwestmalling.co.uk](http://theswanwestmalling.co.uk)

##### The Hope and Anchor Bristol

Worth the wait for a table and some classic pub grub – sample the real ales to pass the time. If the weather's nice the beer garden is a good bet.  
38 Jacob's Wells Road, BS8 1DR, 0117 929 2987

##### The Bull Bridport

Plenty of local fish as well as meaty options and good veggie choices too.  
The Bull Hotel, 34 East Street, Bridport, Dorset DT6 3LF, 01308 422878, [thebullhotel.co.uk](http://thebullhotel.co.uk)

#### NORTH

##### The Hare Inn Scawton

13th-century inn serving traditional Sunday roasts with Dales beef and lamb, or fillet of venison with roast shallots.  
Scawton, near Thirsk, North Yorkshire YO7 2HG, [thehareinn.co.uk](http://thehareinn.co.uk)

##### The Milestone Sheffield

Cheerful gastropub whose owners are so committed to provenance that they have their own rare breed pigs, and the chutneys are in-house creations.  
84 Green Lane at Ball St, S3 8SE, 0114 272 8327, [the-milestone.co.uk](http://the-milestone.co.uk)

##### Lockwoods Ripon

This family-run cafe and restaurant opens for Sunday lunch only once a month, so check the website and book.  
83 North Street, HG4



Hawksmoor, with owners Huw Gott, second left, and Will Beckett.

1DP, 01765 607 555, [lockwoodsrestaurant.co.uk](http://lockwoodsrestaurant.co.uk)

#### MIDLANDS

##### Wollaton Pub and Kitchen Nottingham

With eight or nine options (from roast pork belly to cauliflower and cheddar pie) for grown ups and a proper kids menu, local ales and big wine list, this is a great place for a family lunch.  
Lambourne Drive, Wollaton, NG8 1GR, 0115 928 8610, [thewollaton.co.uk](http://thewollaton.co.uk)

##### The Castle Inn Bungay

Straightforward and delicious food served in a simple setting, with a frequently changing seasonal menu. Plus, at

£14 for two courses, it's seriously good value.  
35 Earsham Street, Bungay, Suffolk NR35 1AF, 01986 892283, [thecastleinn.net](http://thecastleinn.net)

#### SCOTLAND

##### Joseph Pearce Edinburgh

A Swedish couple bought up and redid this Leith boozier, turning it into a family-friendly lunchtime hangout (with play area) serving Scandinavian inflected food (always including meatballs and pancakes).  
23 Elm Row, EH7 4AA, 0131 556 4140, [bodabar.com](http://bodabar.com)

##### Sheep Held Inn Edinburgh

There's been a pub here for 650 years and they still serve Scottish

classics – fidget pie, haggis, neeps and tatties – as well as a roast. A lovely spot.  
43–45 The Causeway, Duddingston EH15 3QA, 0131 661 7974, [sheepheld.co.uk](http://sheepheld.co.uk)

#### WALES

##### Harbourmaster Hotel Aberaeron

Looks out over the harbour and serves local produce – lobsters, Welsh Black burgers, cheeses – and on Sundays does a three course set menu for just £21.  
Pen Cei, Ceredigion, SA46 0BT, 01545 570 755, [harbour-master.com](http://harbour-master.com)

##### Clytha Arms nr Abergavenny

A great pub for real ale

lovers with an inventive restaurant – local produce is married with international influences, so expect roast duck with figs and merlot or wild boar with chorizo and rloja.  
Clytha, NP7 9BW, 01873 840 206, [clytha-arms.com](http://clytha-arms.com)

#### NORTHERN IRELAND

##### The Merchant Hotel Belfast

Take your pick from the comfort food at the Cloth Ear Bar or go for a full-on Sunday roast in the opulent Great Room, with its pillars, red banquettes and gold ceiling.  
16 Skipper Street, BT1 2DY, 028 9023 4888, [themerchanthotel.com](http://themerchanthotel.com)